



# NJ National Guard Child & Youth Program News

State Family Programs Office  
Joint Military & Family Assistance Center  
**November, 2013**

NJ National Guard  
Youth & Teens  
Mark Your Calendars—

We will be holding our annual  
Holiday Camp on  
Monday Dec 30, 2013

Please stay posted for more  
details and information on how  
to sign up!!

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Child & Youth Program  
Coordinators  
~COG Contractors~

Mailing Address:  
1048 US Highway 206  
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Toll Free: 1-888-859-0352

## Month of the Military Family

Each year the President signs a proclamation declaring November Military Family Month. Last year President Obama said that our Nation owes "each day of security and freedom that we enjoy to the members of our Armed Forces and their Families. Behind our brave service men and women, there are Family members and loved ones who share in their sacrifice and provide unending support."

This annual proclamation marks the beginning of a month-long celebration of the Military Family in which the Department of Defense and the Nation will honor the commitment and sacrifices made by the Families of the Nation's service members.

Throughout the month of November, military Families serving around the world are honored through a variety of observances and recognized for their commitment and the many contributions they make every day in support of the military and our Nation. **THANK YOU MILITARY FAMILIES!!!**

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## 2<sup>nd</sup> Floor – Youth Helpline in New Jersey

2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults. They are there to help you find solutions to the problems that you face from Cyberbullying to Dating Abuse to Sex and Sexuality.

For those who would rather type than talk, 2NDFLOOR has an anonymous online message board. The message board is a place where you can talk about whatever is on your mind—stuff like problems at home or school, issues with friends, and even topics like stress, anxiety, sexuality, drugs, violence or abuse—basically, whatever is on your mind.

They are available 24/7 365 days a year. You can learn more by checking out their website at [www.2ndfloor.org](http://www.2ndfloor.org) or calling their Helpline at 888-222-2228



Find us on  
**Facebook**

**CHECK US OUT ON FACEBOOK!!!**

[www.Facebook.com/NJNGChildandYouthProgram](http://www.Facebook.com/NJNGChildandYouthProgram)

## Scholarship Information

Coca-Cola Scholars Foundation – Deadline November 3, 2013

<http://coca-colascholars.org/>

Jack Kent Cooke Foundation College Scholarship – Deadline November 7, 2013

<http://www.jkcf.org/scholarships/college-scholarship-program/>

National Achievement or National Hispanic Scholarship Finalists – Deadline November 15, 2013

<http://www.macalester.edu/admissions>

Elks National Foundation - Deadline December 6, 2013

<http://www.elks.org/enf/scholars/mvs.cfm>

Top 25 Women scholarships – various deadlines

<http://www.scholarshipsonline.org/p/top-women-scholarships-grants.html>

If you are starting the college process, there are websites out there to get you started:

Getmetocollege.org is a free site to provide all kinds of college admissions and college success advice.

<http://getmetocollege.org/hs/>

College Fly-in Programs helps with transportation to visit colleges.

<http://www.collegegreenlight.com/blog/fly-in-programs-for-underrepresented-students/>

## Useful Guides

If you are a military parent, or teacher, administrator, social worker, counselor, psychologist or nurse working with in a school with military students, please visit <http://www.tcpress.com/militaryfamiliesoffer.html> to receive a free copy:

- Guide for school administrators
- Guide for teachers
- Guide for school counselors, psychologists, and social workers
- Guide for parents



**For a limited time, TCPress is proud to offer  
free new guides to support students of  
military families**

## Resources

### **MILITARY PARENTING**

Being a military parent offers unique challenges. Now there's a unique website to help you overcome them. The Department of Defense and Department of Veterans Affairs have partnered to give military and veteran parents the skills and tools to build stronger families. Visit Parenting for Service Members and Veterans to strengthen your family.

Parenting for Service Members and Veterans is a new website specifically developed to help parents guide their children through the challenges of military life. Parenting for Service Members and Veterans provides military parents the tools to strengthen their existing parenting skills and better connect with their families. Get stronger today!

You chose the military lifestyle. You chose to be a parent. Now choose to be the best military parent you can be. Go to Parenting for Service Members and Veterans and Promote Your Parenting! Visit <http://militaryparenting.org> for more information.

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### **VETERAN PARENTING**

You might be interested in a new free, online 6 session parenting course for Service Members and Veterans. You can find it at [www.veteranparenting.org](http://www.veteranparenting.org)

The free online courses features key tools to support parenting, to include:

- Parenting information and strategies for Service Member and Veteran parents.
  - Guidance to help you reconnect with your children after a deployment and beyond.
  - Videos of real families' stories, helpful exercises and practical parenting tip sheets.
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### **MILITARY KIDS CONNECT**

MilitaryKidsConnect (MKC) is an online community of military children (ages 6-17 years old) that provides access to age-appropriate resources to support children from pre-deployment, through a parent's or caregiver's return. MKC offers informative activities, fun games, helpful videos and interesting users surveys that can build and reinforce understanding, resilience and coping skills in military children and their peers.

Today's military kids grow up in a world where they may experience multiple deployments of important family members. They need a unique set of skills to draw on in order to get through long and often difficult separations and situations. MKC helps children prepare for the challenges faced during these significant family transitions. Through participation in MKC's monitored online forums, children can share their own ideas, experiences and suggestions with other military children, helping them to know they are not alone in dealing with the stresses of deployment. MKC's focused parent and educator tracks provide information to help them understand what it takes to support military children in at-home and school settings.

Safety is the number one priority for MKC. To keep your child safe on MKC, we include a way for parents to control and monitor their child's access and activity on the website. Parents can navigate the website in advance in order to understand the kinds of content their child(ren) will see and use. Every effort has been made to prevent undesirable persons from using MKC to interact with children.

For more information, please visit [www.militarykidsconnect.org](http://www.militarykidsconnect.org) today!!!

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# MILITARY APPRECIATION

NOVEMBER 10TH - 11TH, 2013



ACTIVE AND RETIRED  
MILITARY PERSONNEL  
AND IMMEDIATE FAMILY

## RIDE FREE

NOVEMBER 10TH AND  
VETERANS DAY, NOVEMBER 11TH, 2013,  
ACTIVE RESERVE AND NATIONAL  
GUARD MILITARY MEMBERS AND  
VETERANS MAY ENJOY  
**FREE RIDES AT IPLAY AMERICA.**



This offer is available to qualified military members, veterans, and immediate family members upon presenting a valid military identification card or department of veterans affairs veterans identification card (VIC). Subject to change without notice. Not valid with any other discounts or special offers.



iPlayAmerica.com | Freehold, NJ | 732-577-8200



## Operation Hugs

**Are you Pregnant or have a Newborn? Are you a Military Family in NJ?**

If you are, you are eligible to receive a free Operation Hugs package. The package includes a handmade quilt/blanket from a local Quilters Guild as well as a variety of educational resources for new parents, guides, handouts, charts and other goodies! If you are a military family and would like to receive a package, please fill out the request form, which can be found at <http://www.nj.gov/military/familysupport/youth/operationhugs.html>. If you have questions or concerns, please contact a Child & Youth Program Coordinator or your local Family Assistance Center Specialist.



# JOINT MILITARY AND FAMILY ASSISTANCE CENTER



Join us for the...

## MILITARY COMMUNITY RESOURCE FAIR

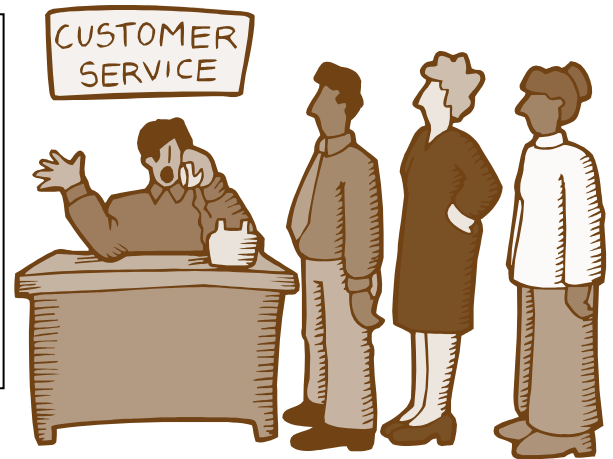


**November 13, 2013**

1048 US Highway 206

Bordentown, NJ 08505

3:00– 8:00 PM



**\*\*RECREATION**

**\*\*EDUCATION**

**\*\*MEDICAL**

**\*\*MENTAL HEALTH**

**\*\*ID CARDS(DEERS/RAPIDS)**

**\*\*PET THERAPY**

**\*\*CHILDCARE**

**\*\*SPECIAL NEEDS**

**\*\*CHILD & YOUTH**

**\*\*FREE RESOURCES\*\***

**\*\*FINANCIAL**

**\*\*HEALTHCARE**

**\*\*TRANSITION**

**\*\*EMPLOYMENT**

**\*\*RAFFLE DRAWINGS**

**\*\*DISASTER PREPAREDNESS**

**\*\*VETERAN RESOURCES**

**\*\*DENTAL**

**\*\*HOUSING**

Enjoy light refreshments as you meet the Staff and Resources in attendance